

(ENAEDZN1701) Sport Injuries

Language of instruction:	English
Form of teaching:	Lecture
Class hours per week:	2
Credits (ECTS):	2
Course description:	This course provides a comprehensive overview of sports injuries. Students will learn about acute and chronic injuries, including mechanisms, prevention, and rehabilitation. The course will also explore the management of common sports injuries, and the principles and techniques of injury prevention and rehabilitation.
Assessment methods:	The semester grade can be given only if the student has fulfilled the attendance requirements. Students will conduct an oral, PowerPoint presentation on a specific sport injury topic. During the semester, weekly homework must be prepared and handed in. The final grade will be calculated as an average of exams
Teaching period:	Spring semester